

## **Dads in the Mix - Fatherhood Project Tentative Schedule**

Week 1: Oct 6, 2009

- Family Oriented Night
- Introduction to Program / Services of family center
- Training Topic: **Becoming a Parent**
- Dinner and Activity
- Completion of paperwork

Week 2: Oct 13, 2009

- Father Specific Night
- Training Topic: **Healthy Lifestyles**

Week 3: Oct 20, 2009

- Father & Child Night
- Father / Child Activity:
- Training Topic: **Supporting Children's Play**

Week 4: Oct 27, 2009

- Father Specific Night
- Training Topic: **Father's Choice**

Week 5: Nov 3, 2009

- Family Oriented Night
- Training Topic: **Discipline & Guidance**
- Family Type Activity:

Week 6: Nov 10, 2009

- Father Specific Night
- Training Topic: **Establishing Routines**

Week 7: Nov 17, 2009

- Father & Child Night
- Father / Child Activity:
- Training Topic: **Learning About Childhood Development**

Week 8: Nov 24, 2009

- Father Specific Night
- Training Topic: **Relationships**

Week 9: Dec 1, 2009

- Family Oriented Night
- Training Topic: **Child Care**
- Family Type Activity:

Week 10: Dec 8, 2009

- Father Specific Night
- Training Topic: **Father's Choice**

Week 11: Dec 15, 2009

- Make up session for anyone that needs additional hours – **Infant or Child CPR**

Week 12: **To be determined**

- Family Oriented / Educational Day
- Father help decide upon activities & speakers

### **Optional Days:**

November 7-8, 2009 - Marriage Enrichment Weekend  
November 12, 2009 - Holiday Stress & Families  
December 12, 2009 – Fatherhood Winter Dinner

### **Other Information**

- Father receive incentives after attending their 3<sup>rd</sup>, 6<sup>th</sup>, 9<sup>th</sup>, session & anyone who attends the final session and complete the evaluation forms
- Each night that a father attends a fatherhood meeting, they will receive a ticket for the end of cycle incentive.
- Session run from **5:30 to 7:30pm on Tuesday Night**
- Dinner @ beginning of session with snacks midway through the night as needed
- Each one bring one campaign – and incentives